

Kotara South Athletics Club

2012/2013 Season Results

GIRLS:

5 Years	2007
6 Years	2006
7 Years	2005
8 Years	2004
9 Years	2003
10 Years	2002
11 Years	2001
12 Years	2000
13 Years	1999
14 Years	1998
16 Years	1996

Distance Race Results

Results Table Legend

- P** Place achieved in Scratch competition
- HP** Place achieved in Handicap competition
- CC** Place achieved in Club Championships

10.6 Hand timed sprint events are recorded in seconds to one decimal place
NB: All athletes are timed on Scratch competition night

02:39.6 Hand timed Middle and Long Distance events are recorded in
mins:secs to one decimal place

10.6 Performances shown in *grey italics* are for:

a) Track times recorded for "Scratch Runner" on handicap night
NB: Only runners off scratch (0m) are timed, the rest are given places only.

b) Field Event measurements recorded on handicap night.
(this is without handicap added, for information only)
NB: Places on handicap night are done with the handicap added (ie **HP**).

NA Time not applicable for non-scratch runner on Handicap night.

5 Years Girls (2007)

Kotara South Athletics Club

2012/2013 Season

Track Events

	50 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (sec)
Chloe Henshall				12.92	1	NA	3	12.7	1	NA	2	no time	1			12.0	1	12.0
Violet Jones						NA	1	14.1	2	NA	1					13.7	3	13.7
Georgia Manning						NA	2									12.1	2	12.1

	70 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	P	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Chloe Henshall		17.2	2	17.2	1			19.5	2	NA	2	17.3	2			18.4	2	17.2
Violet Jones		20.1	3	22.1	3	NA	1	21.1	3	NA	1			NA	2	20.5	3	20.1
Georgia Manning		16.9	1	17.5	2	NA	2	17.5	1			16.9	1	16.6	1	16.7	1	16.6

	100 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (sec)
Chloe Henshall		26.0	2	26.0		NA	2	25.6	1	NA	1	24.1	1			24.1	2	24.1
Violet Jones		30.4	3			NA	1	27.9	2	NA	2					28.4	3	27.9
Georgia Manning		25.6	1			NA	3									23.4	1	23.4

	200 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	P	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Chloe Henshall		58.7	2	57.8	2			59.8	2	NA	1	61.0	2			59.4	2	57.8
Violet Jones		62.2	3	78.8	3	NA	2	62.5	3	NA	2			NA	2	01:09.6	3	0.0
Georgia Manning		56.2	1	52.9	1	55.78	1	54.3	1			57.6	1	56.44	1	54.1	1	52.9

	300 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m:s)
Chloe Henshall		No time	1	01:41.0		NA	3	01:54.5	1	NA	1	01:35.2	1			no time	1	01:35.2
Violet Jones		No time	1			NA	2	02:44.0	2	NA	2					no time	3	02:44.0
Georgia Manning		No time	1	01:40.0		NA	1									no time	2	01:40.0

5 Years Girls (2007)

Kotara South Athletics Club

2012/2013 Season

Field Events

	Shot Put	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Chloe Henshall				2.74	2	1.90	2	2.27	1	2.06	2	2.52	1			2.41	2	2.74
Violet Jones						1.69	3	1.86	2	2.14	1					2.00	3	2.14
Georgia Manning						2.59	1									3.39	1	3.39

	Discus	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Chloe Henshall		3.30	2	2.60	2	3.7	3	3.78	1	4.50	2	4.40	1			3.18	2	4.50
Violet Jones		2.23	4			2.8	2	2.25	2	3.72	1					2.59	3	3.72
Georgia Manning		2.75	3			4.08	1									3.54	1	4.08

	Long Jump	Wk 2	P	Wk 4	P	Wk 6	P	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Chloe Henshall		2.10	1	2.06	1			2.08	3	1.67	1	1.62	1			1.98	1	2.10
Violet Jones		F	3	1.33	3	1.69	1	2.14	2	1.68	2			1.37	2	1.35	3	2.14
Georgia Manning		1.72	2	1.98	2	1.91	2	2.19	1			1.61	2	1.66	1	1.76	2	2.19

	Vortex	Wk 2	P	Wk 4	P	Wk 6	P	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Chloe Henshall		2.63	2	2.72	3			6.70	1	5.00	2	6.18	2			5.04	2	6.70
Violet Jones		2.37	3	3.02	2	4.00	1	3.70	3	6.56	1			4.16	2	4.40	3	6.56
Georgia Manning		3.08	1	5.00	1	5.18	2	4.80	2			6.35	1	5.78	1	6.55	1	6.55

6 Years Girls (2006)

Kotara South Athletics Club

2012/2013 Season

Track Events

50 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (sec)
Ananya Heer			11.1	1	NA	2	10.7	1			10.8	2	10.5	4	9.58	1	9.6
Danika Winter			13.8	5	NA	1	14.0	11	NA	1							13.8
Emerson Wilson					NA	2	12.2	8			12.1	4	NA	1	9.95	3	10.0
Lucy Godfrey					NA	4	12.2	7	NA	8			NA	7	12.01	10	12.0
Ruby Cannon			12.7	4			12.4	9	NA	2			NA	2	10.49	6	10.5
Sarah Le Guier			11.6	3	NA	3	11.3	4					NA	3	9.95	3	10.0
Sascha Sabotovski					NA	1	13.3	10	NA	3			NA	6	11.16	9	11.2
Scarlett Jones					NA	5	10.8	3	NA	7					10.66	7	10.7
Erika Enderby			11.4	2	NA	3	10.8	2	NA	6	10.7	1	10.7	5	9.77	2	9.8
Mahli Gore					NA	5	11.6	5		5	11.8	3			10.88	8	10.9
Bronte Dalwood					NA	4	11.8	6	NA	4			NA	8	no time	5	11.8

70 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Ananya Heer	14.9	3	14.4	1	14.1	2	15.0	2			14.6	1	14.7	7			14.1
Danika Winter					NA	10					18.8	5					18.8
Emerson Wilson	15.8	6	15.7	7	NA	1	17.3	7	NA	2	16.0	2	NA	2	15.1	4	15.1
Lucy Godfrey	16.6	8	16.8	9	NA	8	16.8	6	NA	3	17.1	3	NA	6	17.3	8	16.6
Ruby Cannon	16.3	7	16.0	8	NA	11	16.5	5			17.2	4			116.1	7	16.0
Sarah Le Guier			15.2	4	NA	5	15.6	3	NA	1	15.5	2	NA	1	14.5	2	14.5
Sascha Sabotovski	17.8	9	17.4	10	NA	3	18.5	8			17.4	5	NA	4	18.7	9	17.4
Scarlett Jones	14.7	1	14.8	3	NA	9	14.8	1	NA	7			NA	8	15.3	5	14.7
Erika Enderby	14.9	2	14.6	2	NA	4			NA	4	15.2	1	NA	3	14.2	1	14.2
Mahli Gore	15.5	4	15.4	5	NA	6			NA	6	17.1	4	NA	9	14.9	3	14.9
Bronte Dalwood	15.6	5	15.4	6	NA	7	16.3	4	NA	5	17.4	3	NA	5	15.7	6	15.4

100 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (sec)
Ananya Heer	22.0	2	23.0	1	NA	1	21.5	1			20.9	1	20.3	5			20.3
Danika Winter	no time	##	25.0	4	NA	5	30.6	11	NA	7							25.0
Emerson Wilson	24.2	6			NA	2	22.5	4			24.0	4	NA	8	21.08	4	21.1
Lucy Godfrey	24.2	6			NA	4	24.5	8	NA	6			NA	3	23.62	9	23.6
Ruby Cannon	27.7	8	26.7	5			24.9	9	NA	1			NA	1	21.29	5	21.3
Sarah Le Guier	23.5	5	24.2	3	NA	2	22.0	2					NA	6	20.37	2	20.4
Sascha Sabotovski	no time	##			NA	1	25.1	10	NA	2			NA	2	22.91	7	22.9
Scarlett Jones	22.7	4			NA	3	22.2	3	NA	5					22.75	6	22.2
Erika Enderby	21.7	1	23.8	2	NA	3	22.7	5	NA	3	20.9	1	20.3	4	20.20	1	20.2
Mahli Gore	no time	##			NA	5	22.9	6		4	22.8	3	NA	7	20.74	3	20.7
Bronte Dalwood	22.2	3			NA	4	23.6	7	NA	8					23.24	8	22.2

200 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Ananya Heer	48.1	1	47.4	2	46.2	3	52.5	4					48.0	7			46.2
Danika Winter					NA	10					80.1	9					80.1
Emerson Wilson	49.6	3	52.7	6	NA	2	49.6	2	NA	2	70.5	8	NA	9	45.4	2	45.4
Lucy Godfrey	59.7	9	53.2	7	NA	7	57.5	7	NA	1	63.5	7	NA	4	54.6	9	53.2
Ruby Cannon	55.8	8	57.1	9	NA	6	55.4	6			57.9	5	NA	2	51.3	7	51.3
Sarah Le Guier	53.9	7	48.3	3	NA	4	48.9	1	NA	3	47.2	1	NA	5	45.3	1	45.3
Sascha Sabotovski	72.1	10	63.0	10	NA	1	no time	8			59.1	6	NA	1	50.7	5	50.7
Scarlett Jones	49.3	2	47.3	1	NA	9	51.0	3					NA	8	50.4	4	47.3
Erika Enderby	50.6	4	49.1	4	NA	5			NA	4	47.5	2	NA	3	45.7	3	45.7
Mahli Gore	51.9	5	53.4	8					NA	5	53.9	4	NA	6	50.9	6	50.9
Bronte Dalwood	53.8	6	49.7	5	NA	8	55.2	5	NA	6	53.5	3	NA	10	52.1	8	49.7

300 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m:s)
Ananya Heer	no time	1	01:23.4	2	NA	7	01:18.6	1			01:23.0	2	01:44.0	3	no time	3	01:18.6
Danika Winter	no time	1	01:53.5	5	NA	3	02:01.9	7	NA	7							01:53.5
Emerson Wilson	no time	1			NA	1	01:33.9	4			01:31.3	3	NA	3	no time	4	01:31.3
Lucy Godfrey	no time	1			NA	4	01:35.4	5	NA	6			NA	6	no time	9	01:35.4
Ruby Cannon	no time	1	01:34.0	4			02:05.6	8	NA	5			NA	8	no time	7	01:34.0
Sarah Le Guier	no time	1	01:28.0	3	NA	6	01:29.3	3					NA	1	no time	2	01:28.0
Sascha Sabotovski	no time	1			NA	2	02:11.0	9	NA	2			NA	2	no time	5	02:11.0
Scarlett Jones	no time	1			NA	10	01:55.3	6	NA	1					no time	8	01:55.3
Erika Enderby	no time	1	01:23.8	1	NA	5	01:19.4	2	NA	4	01:20.3	1	NA	5	no time	1	01:19.4
Mahli Gore	no time	1			NA	8					01:32.7	4	NA	7	no time	6	01:32.7
Bronte Dalwood	no time	1			NA	9	no time	10	NA	3					no time	10	00:00.0

6 Years Girls (2006)

Kotara South Athletics Club

2012/2013 Season

Field Events

Shot Put	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Ananya Heer			3.43	2	4.20	1	4.16	1			4.49	1	6.52	1	5.92	1	6.52
Danika Winter			2.33	3	2.14	4	2.48	6	2.02	7							2.48
Emerson Wilson					2.22	9	3.41	5			2.55	3	3.40	7	2.9	9	3.41
Lucy Godfrey					2.50	7	2.20	10	2.53	5			2.84	5	2.94	7	2.94
Ruby Cannon			2.29	4			2.12	11	2.33	4			2.37	6	3.07	5	3.07
Sarah Le Guier			4.53	1	4.44	3	3.87	2					5.49	3	5.03	2	5.49
Sascha Sabotovski					3.25	5	3.56	4	3.03	8			3.97	4	3.23	6	3.97
Scarlett Jones					1.97	10	2.44	7	2.21	6					2.94	7	2.94
Erika Enderby			2.26	5	2.47	2	2.30	8	2.85	1	2.84	2	2.56	8	2.52	10	2.85
Mahli Gore					2.29	8	2.22	9	2.64	2	2.54	4	3.90	2	3.66	4	3.90
Bronte Dalwood					2.67	6	3.72	3	3.84	3					4.31	3	4.31

Discus	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Ananya Heer	no dist	##	4.65	2	6.95	1	7.04	2			6.26	1	8.98	1	9.83	1	9.83
Danika Winter	3.54	8	2.17	5	3.2	5	1.96	10	4.54	1							4.54
Emerson Wilson	2.48	9			2.13	6	2.67	9			2.64	4	3.40	2	3.96	9	3.96
Lucy Godfrey	6.71	1			4.16	9			3.12	7			3.44	9	4.40	8	6.71
Ruby Cannon	4.12	5	3.77	3			3.06	8	3.53	5			4.50	5	3.46	10	4.50
Sarah Le Guier	5.76	2	5.71	1	6.92	3	10.16	1					10.8	3	9.00	2	10.80
Sascha Sabotovski	5.22	3			4.82	7	4.09	5					5.64	4	5.61	4	5.64
Scarlett Jones	no dist	##			2.66	10	3.32	6	4.02	3					5.96	3	5.96
Erika Enderby	3.60	6	2.76	4	4.2	4	5.70	3	6.12	4	5.78	2	5.31	7	5.53	5	6.12
Mahli Gore	4.50	4			3.72	8	3.16	7	2.82	6	4.33	3	4.53	6	4.92	7	4.92
Bronte Dalwood	3.59	7			5.45	2	4.51	4	6.37	2			5.18	8	5.42	6	6.37

Vortex	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Ananya Heer	12.42	1	15.99	1	14.4	9	12.89	1			12.14	1	14.90	6			15.99
Danika Winter					3.92	11					4.96	9					4.96
Emerson Wilson	5.35	4	4.54	5	4.76	8	4.99	5	5.10	4			4.60	4	6.65	5	6.65
Lucy Godfrey	5.50	3	3.90	6	5.88	5	3.56	8	6.90	1	5.37	8	5.90	2	6.48	6	6.90
Ruby Cannon	3.88	9	3.34	6	3.97	6	4.17	7			5.41	7	3.30	5	4.77	9	5.41
Sarah Le Guier	6.50	2	11.07	1	7.18	10	8.15	2	10.40	5	10.22	2	9.26	7	10.30	1	11.07
Sascha Sabotovski	5.07	5	5.20	2	6.82	2	6.63	3			8.58	3	5.40	10	6.98	4	8.58
Scarlett Jones	4.54	7	2.80	4	5.64	3	5.66	4	4.20	7			5.70	1	5.93	7	5.93
Erika Enderby	4.10	8	5.37	1	6.40	4			6.90	3	7.27	5	6.40	3	7.19	3	7.27
Mahli Gore	4.65	6	5.12	1	4.90	7			4.30	6	5.90	6	5.80	8	5.39	8	5.90
Bronte Dalwood	3.90	10	4.25	1	7.97	1	4.75	6	8.50	2	7.95	4	3.60	9	8.73	2	8.73

Long Jump	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Ananya Heer	2.17	1	1.55	8	1.92	9	2.30	3			2.35	2	2	7			2.35
Danika Winter		##			1.59	11					1.58	10					1.59
Emerson Wilson	1.70	7	1.72	5	1.85	3	1.65	7	2.05	3	1.84	7	1.69	3	2.20	2	2.20
Lucy Godfrey	1.60	8	1.83	4	1.65	8	1.84	5	1.83	6	1.80	8	1.39	8	1.64	8	1.84
Ruby Cannon	1.10	10	1.62	4	1.52	6	1.61	8			1.80	8			1.37	9	1.80
Sarah Le Guier	2.15	2	1.98	1	2.35	2	2.37	2	2.49	4	2.23	4	2.09	6	2.22	1	2.49
Sascha Sabotovski	2.00	3	1.91	1	1.90	6	1.90	4			2.11	6	1.75	5	1.81	6	2.11
Scarlett Jones	2.00	3	1.45	4	1.46	10	1.80	6	2.23	2			1.77	4	2.10	4	2.23
Erika Enderby	1.37	9	1.49	3	1.72	1			1.99	1	2.31	3	1.93	2	1.99	5	2.31
Mahli Gore	1.90	6	1.91	1	2.00	5			2.08	5	2.70	1	2.52	1	2.20	2	2.70
Bronte Dalwood	2.00	1	1.58	1	2.11	4	2.43	1	2.24	7	2.20	5	1.75	9	1.80	7	2.43

8 Years Girls (2004)

Kotara South Athletics Club

2012/2013 Season

Track Events

70 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Adelaide Williams	12.9	3	13.1	3	NA	2	13.4	4			13.8	4			no time	2	12.9
Bailee Pappas	14.2	7	13.6	5	NA	1	13.8	5			14.0	5	NA	1	no time	3	13.6
Elanore Moore	12.7	2	14.3	7	NA	4	13.3	3	NA	3	13.1	3	NA	4	no time	4	12.7
Mia Hollitt	20.2	8	14.7	8							14.8	8	NA	2	no time	6	14.7
Elanor Barnett	12.5	1	12.4	2	NA	5	12.9	2	NA	2	12.7	2	NA	5	no time	1	12.4
Ella Ross	13.4	4	12.2	1	12.7	6	12.7	1	13.1	4	12.5	1	12.5	7	no time		12.2
Mikayla Enderby	13.9	6	13.4	4	NA	7			NA	1	14.8	7	NA	3	no time	5	13.4
Bethany Finn	13.6	5	14.0	6	NA	3	13.9	6			14.1	6	NA	6	no time	7	13.6

100 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (sec)
Adelaide Williams	18.6	3	19.7	4	NA	5	19.0	4	NA	3			NA	3	17.2	1	17.2
Bailee Pappas	20.4	7	20.9	5	NA	3			NA	1	18.5	2	NA	1	18.6	5	18.5
Elanore Moore	17.8	1	19.2	2			18.0	2	NA	6	21.2	4	NA	5	18.0	4	17.8
Mia Hollitt	19.3	4	21.2	7	NA	7	20.5	7	NA	7			NA	6	19.8	7	19.3
Elanor Barnett	17.9	2	18.9	1	NA	6	17.7	1	17.3	5	17.6	1	17.6	4	17.3	2	17.3
Ella Ross	20.0	6	19.4	3	NA	1	18.4	3	NA	2					17.6	3	17.6
Mikayla Enderby	19.5	5	21.1	6	NA	4	19.4	5	NA	4	19.0	3	NA	2	19.0	6	19.0
Bethany Finn			21.2	7	NA	2	19.8	6	NA	8			NA	7			19.8

200 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Adelaide Williams	40.1	3	40.1	2	NA	6	40.7	2			40.0	2			37.0	1	37.0
Bailee Pappas	42.8	5	42.9	4	NA	1	42.1	4			42.8	4	NA	1	43.7	4	42.1
Elanore Moore	39.9	2	40.2	3	NA	3	41.4	3	NA	4	41.4	3	NA	3	39.4	3	39.4
Mia Hollitt	45.9	8	46.3	8							52.7	8	NA	5	48.4	6	45.9
Elanor Barnett	37.0	1	38.8	1	37.0	4	39.1	1	38.2	3	38.3	1	37.3	4	37.2	2	37.0
Ella Ross	41.9	4	44.6	6	NA	2	47.0	5	NA	1	47.4	6	NA	7			41.9
Mikayla Enderby	43.4	7	43.2	5	NA	7			NA	2	43.3	5	NA	2	46.4	5	43.2
Bethany Finn	45.6	6	44.8	7	NA	5	47.2	6			50.3	7	NA	6	48.6	7	44.8

400 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m:s)
Adelaide Williams	01:36.0	2	01:35.4	2	NA	7	01:38.0	2	NA	3			NA	6	01:27.7	2	01:27.7
Bailee Pappas	01:49.0	4	01:45.3	3	NA	2			NA	2	01:44.0	2	NA	1	01:33.4	4	01:33.4
Elanore Moore	01:40.0	3	01:51.3	4			01:47.1	3	NA	7	01:55.0	4	NA	3	01:32.1	3	01:32.1
Mia Hollitt	02:00.0	6	01:59.3	6	NA	3	02:04.7	5	NA	8			NA	5	02:04.4	7	01:59.3
Elanor Barnett	01:29.0	1	01:28.5	1	NA	5	01:29.4	1	01:24.0	4	01:22.1	1	01:20.9	4	01:21.7	1	01:20.9
Ella Ross	02:04.0	7	02:07.2	7	NA	4	02:11.1	6	NA	1					01:52.9	6	01:52.9
Mikayla Enderby	01:53.0	5	01:54.1	5	NA	1	01:47.4	4	NA	5	01:44.0	3	NA	2	01:43.3	5	01:43.3
Bethany Finn			02:40.0	8	NA	6	02:20.5	7	NA	6			NA	7			02:20.5

700 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m:s)
Adelaide Williams	04:00.0	5	03:17.3	3	NA	2	03:10.6	3			03:25.7	4			no time	2	03:10.6
Bailee Pappas	03:15.0	2	03:10.1	2	NA	3	03:07.8	2			03:09.6	2	NA	2	no time	3	03:07.8
Elanore Moore	03:51.0	4	03:23.0	4	NA	4	03:52.3	4	NA	1	03:34.9	5	NA	4	no time	4	03:23.0
Mia Hollitt	04:11.0	7	03:48.0	6							03:52.2	6	NA	6	no time	6	03:48.0
Elanor Barnett	02:56.0	1	02:48.2	1	02:39.6	1	03:02.3	1	02:49.7	3	02:38.8	1	02:45.0	5	no time	1	02:38.8
Ella Ross	04:07.0	6	03:51.8	7	NA	5	04:05.0	5	NA	4	04:01.6	7	NA	7	no time		03:51.8
Mikayla Enderby	04:20.0	8	03:23.2	5	NA	7			NA	2	03:22.8	3	NA	3	no time	5	03:22.8
Bethany Finn	03:34.0	3	04:30.5	8	NA	6	04:17.7	6				8	NA	1	no time	7	03:34.0

Field Events

Shot Put	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Adelaide Williams	4.33	5	3.46	8	3.62	5	4.28	5			3.63	8			5.13	3	5.13
Bailee Pappas	4.37	4	4.50	5	3.49	7	4.11	6			3.64	7	4.55	3	4.34	6	4.55
Elanore Moore	5.18	2	5.16	1	4.90	3	5.27	1	5.65	1	4.46	2	4.99	5	5.63	1	5.65
Mia Hollitt	4.07	7	4.52	4							4.02	5	4.05	6	4.69	5	4.69
Elanor Barnett	5.25	1	4.65	3	4.66	4	4.47	4	4.46	4	4.20	4	4.76	7	5.10	4	5.25
Ella Ross	4.49	3	4.80	2	4.67	2	4.87	2	4.75	2	4.50	3	4.85	4	4.09	7	4.87
Mikayla Enderby	4.23	6	3.64	7	3.31	6			3.68	3	3.80	6	4.38	2	4.00	8	4.38
Bethany Finn	3.51	8	4.42	6	4.54	1	4.60	3			4.85	1	5.27	1	5.15	2	5.27

Discus	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Adelaide Williams			5.45	7	9.56	1	9.55	3	7.04	7			8.02	6	7.90	4	9.56
Bailee Pappas			9.29	2	8.26	6			8.18	4	11.54	1	8.03	4	6.18	7	11.54
Elanore Moore			10.63	1			11.52	1	10.27	6	11.3	2	13.67	1	13.29	1	13.67
Mia Hollitt			9.21	3	9.24	4	10.20	2	9.29	3			8.24	7	10.68	2	10.68
Elanor Barnett			8.73	5	8.14	5	7.58	5	7.5	5	7.07	3	7.47	4	8.44	3	8.73
Ella Ross			6.40	6	10.1	2	5.52	6	5.49	8					6.51	6	10.10
Mikayla Enderby			5.24	8	3.45	7	5.14	7	5.64	2	6.13	4	5.94	2	6.65	5	6.65
Bethany Finn			8.93	4	9.20	3	8.64	4	10.23	1			9.81	3			10.23

Vortex	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Adelaide Williams	10.82	6	6.07	8	8.50	6	9.67	6			7.77	8			8.60	7	10.82
Bailee Pappas	12.58	4	8.72	7	15.70	1	15.76	2			13.66	3	12.75	7	11.30	4	15.76
Elanore Moore	18.52	1	16.50	1	18.90	4	19.69	1	24.29	1	16.84	1	19.35	4	20.11	1	24.29
Mia Hollitt	13.08	3	9.62	6							11.65	5	14.30	1	11.32	3	14.30
Elanor Barnett	13.25	2	13.92	2	15.28	2	13.32	3	12.67	4	13.50	4	15.82	2	13.17	2	15.82
Ella Ross	7.67	8	9.79	4	10.80	3	10.63	5	12.09	2	8.40	7	11.18	3			12.09
Mikayla Enderby	12.53	5	9.75	5	10.17	7			10.17	3	9.55	6	11.92	6	11.24	5	12.53
Bethany Finn	8.69	7	10.50	3	10.15	5	11.33	4			14.32	2	10.78	5	10.55	6	14.32

Long Jump	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Adelaide Williams	2.52	2	2.93	1	3.08	5	2.87	2	2.86	3			2.73	6	2.80	1	3.08
Bailee Pappas	2.47	4	2.47	6	2.65	3			2.70	4	2.91	2	2.55	5	2.29	5	2.91
Elanore Moore	2.48	3	2.78	2			2.75	3	2.93	1	2.59	3	3.19	1	2.72	3	3.19
Mia Hollitt	2.19	6	2.28	7	2.41	6	2.27	6	2.28	7			2.30	4	2.26	6	2.41
Elanor Barnett	2.60	1	2.70	3	3.02	2	2.88	1	2.84	4	3.03	1	3.06	2	2.76	2	3.06
Ella Ross	2.25	5	2.55	4	2.26	7	2.39	5	2.50	2					2.41	4	2.55
Mikayla Enderby	1.84	7	1.98	8	2.38	1	2.22	7	2.19	8	2.44	4	2.28	3	2.22	7	2.44
Bethany Finn			2.49	5	2.67	3	2.57	4	2.59	6			2.31	7			2.67

Track Events

70 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Chloe Anson-Smith			12.3	1	NA	9	12.0	2	NA	2	13.2	3	NA	5	no time	3	12.0
Darcey Redfern			13.7	5	NA	1											13.7
Eleanor Quirey			19.2	10	NA	4	13.9	6	NA	1	No time	8	NA	2	no time	6	13.9
Emillee Gyorgy			12.3	1	NA	7	11.9	1	14.7	5	12.5	1	11.7	3	no time	1	11.7
Emily Chapman			13.6	4	NA	6	13.3	5			14.1	6	NA	1	no time	4	13.3
Lily Marinos					NA	12	17.0	8	NA	4			NA	7	no time	8	17.0
Lucinda Williams			12.9	3	NA	8	14.3	7			13.6	5					12.9
Madyson Beric					NA	11					13.9	4			no time	5	13.9
Sophia Cook			15.1	8	NA	3											15.1
Lily Patrick			14.0	6	NA	5	12.5	3	NA	3	12.3	2	NA	4	no time	2	12.3
Sophie Pearce			16.5	9	NA	2	12.7	4			14.4	9	NA	6	no time	7	12.7
Lauren Hughes			14.0	7	NA	6					14.6	7			no time		14.0

100 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (sec)
Chloe Anson-Smith	18.3	1	18.1	1	NA	5	18.5	1	19.0	7	18.0	1	No time	7	17.8	3	17.8
Darcey Redfern	19.5	3			NA	2	19.1	3			18.5	2					18.5
Eleanor Quirey	21.5	7	21.4	7	NA	3	25.3	10	NA	4	21.8	4	NA	6	18.4	5	18.4
Emillee Gyorgy	19.9	5	18.3	2	NA	3	18.7	2	NA	5			NA	5	16.4	1	16.4
Emily Chapman	21.6	8	20.5	5	NA	4	19.6	6	NA	3			NA	9	18.6	6	18.6
Lily Marinos	24.6	9	24.1	9	NA	5	28.1	12			26.7	5	NA	3	24.3	9	24.1
Lucinda Williams	19.3	2	19.5	4	NA	1	19.3	4	NA	6			NA	8	18.0	4	18.0
Madyson Beric	20.3	6	20.7	6			21.7	8			18.5	3			18.9	7	18.5
Sophia Cook	24.6	9			NA	1	22.1	9									22.1
Lily Patrick	19.7	4	19.4	3	NA	4	19.6	5	NA	2			NA	1	17.2	2	17.2
Sophie Pearce	27.0	11	22.7	8	NA	2	26.2	11	NA	1			NA	2	21.4	8	21.4
Lauren Hughes					NA	6	20.8	7					NA	4			20.8

200 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Chloe Anson-Smith	37.8	1	40.5	2	40.8	6	41.3	1	43.5	5	42.0	3	41.1	7	no time	2	37.8
Darcey Redfern	42.4	5	41.9	4	NA	1											41.9
Eleanor Quirey	45.9	4	63.0	10	NA	3	50.9	6	NA	1	47.8	8	NA	1	no time	4	45.9
Emillee Gyorgy	40.4	2	39.8	1	NA	3	43.3	2	NA	2	40.2	1	NA	4	no time	1	39.8
Emily Chapman	43.0	6	45.0	5	NA	2	47.4	5			45.4	6	NA	5	no time	6	43.0
Lily Marinos	53.3	12			NA	6	58.7	8	NA	3			NA	2	no time	9	53.3
Lucinda Williams	41.7	9	41.0	3	NA	4	43.5	3			43.5	5			no time	10	41.0
Madyson Beric	43.2	7			NA	2					43.3	4			no time	5	43.2
Sophia Cook	47.3	10	47.3	6	NA	1											47.3
Lily Patrick	41.1	3	48.0	7	NA	5	46.1	4	NA	4	41.0	2	NA	3	no time	3	41.0
Sophie Pearce	53.1	11	51.3	9	NA	5	56.6	7			51.6	9	NA	6	no time	8	51.3
Lauren Hughes	44.8	8	48.7	8	NA	4					46.5	7			no time	7	44.8

400 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m:s)
Chloe Anson-Smith	no time	1	01:27.4	1	NA	6	01:33.6	1	01:27.0	4	01:33.4	1	No time	4	01:23.5	1	01:23.5
Darcey Redfern	no time	4			NA	10	01:42.0	5			01:39.4	2					01:39.4
Eleanor Quirey	no time	8	02:50.5	9	NA	1	02:07.1	10	NA	2	02:32.1	4	NA	1	01:36.2	4	01:36.2
Emillee Gyorgy	no time	2	01:42.8	2	NA	4	01:40.0	2	NA	7			NA	8	01:29.7	2	01:29.7
Emily Chapman	no time	7	01:43.7	3	NA	5	01:41.7	4	NA	6			NA	9	01:48.0	6	01:41.7
Lily Marinos	no time	10	02:36.0	8	NA	9	02:41.9	11			02:36.0	5	NA	5	02:25.5	9	02:25.5
Lucinda Williams	no time	6	01:47.1	4	NA	3	01:47.3	6	NA	5			NA	7	01:54.1	7	01:47.1
Madyson Beric	no time	3	01:50.4	5			01:41.5	3			01:46.7	3			01:45.1	5	01:41.5
Sophia Cook	no time	9			NA	8	01:53.4	7									01:53.4
Lily Patrick	no time	5	02:08.7	6	NA	2	02:03.0	9	NA	1			NA	2	01:34.1	3	01:34.1
Sophie Pearce	no time	11	02:28.9	7	NA	7	02:50.8	12	NA	3			NA	6	02:07.7	8	02:07.7
Lauren Hughes					NA	11	01:58.3	8					NA	3			01:58.3

800 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m:s)
Chloe Anson-Smith	03:32.7	1	03:25.0	1	03:26.5	5	03:37.0	1	03:27.6	3	03:39.0	2	03:20.0	3	no time	1	03:20.0
Darcey Redfern	04:11.9	5	04:09.0	4	NA	9											03:59.0
Eleanor Quirey	05:27.8	11	04:51.0	9	NA	4	03:59.0	2	NA	2			NA	1	no time	3	04:51.0
Emillee Gyorgy	03:47.2	2	04:00.0	3	NA	3	05:24.0	6	NA	4	03:34.0	1	NA	2	no time	5	03:34.0
Emily Chapman	03:56.6	3	03:51.0	2	NA	2	04:32.0	4					NA	5	no time		03:51.0
Lily Marinos	05:11.5	10			NA	11	05:42.0	8	NA	5			NA	7	no time	7	04:01.0
Lucinda Williams	04:38.2	6	04:34.0	7	NA	8	04:01.0	3			04:31.0	6					04:31.0
Madyson Beric	03:58.8	4			NA	1					04:13.0	3			no time	2	03:58.8
Sophia Cook	04:47.3	7	04:56.0	10	NA	10									no time		04:47.3
Lily Patrick	04:59.5	8	04:24.0	5	NA	6	04:40.0	5	NA	1	04:22.0	4	NA	4	no time	4	04:22.0
Sophie Pearce	05:04.8	12	04:47.0	8	NA	12	05:35.0	7			05:40.0	7	NA	6	no time	6	04:47.0
Lauren Hughes		9	04:30.0	6	NA	7					04:30.0	5					04:30.0

Field Events

Shot Put	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Chloe Anson-Smith			9.58	1	3.59	7	5.03	5	3.52	7	4.30	3	4.06	9			9.58
Darcey Redfern					3.28	8	4.75	7			4.34	2					4.75
Eleanor Quirey			4.52	7	3.36	1	4.32	11	3.65	1	3.51	5	2.53	4			4.52
Emillie Gyorgy			9.55	2			3.85	12	3.83	6			4.30	8			9.55
Emily Chapman					2.76	9	4.54	9	3.57	2			3.60	2			4.54
Lily Marinos			6.43	5	3.54	3	4.65	8			4.27	4	4.03	5			6.43
Lucinda Williams					5.25	5	6.07	1	4.79	3			5.60	1	5.29	1	6.07
Madyson Beric			7.85	3			5.47	4			4.42	1			4.46	2	7.85
Sophia Cook					2.39	10	4.45	10									4.45
Lily Patrick			6.42	6	3.97	2	5.75	3	3.94	4			3.68	6	4.45	3	6.42
Sophie Pearce			6.59	4	2.58	4	5.01	6	2.75	5			3.55	7			6.59
Lauren Hughes					4.72	6	6.03	2					4.06	3			6.03

Discus	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Chloe Anson-Smith	8.37	2	3.82	4	9.32	8	8.78	2	10.57	2	7.12	4	10.94	3	10.15	2	10.94
Darcey Redfern	6.01	7			5.09	11	7.14	4			6.88	5					7.14
Eleanor Quirey	4.38	10	3.08	9	6.36	3	5.64	10	8.43	1	8.00	2	8.73	4			8.73
Emillie Gyorgy	7.50	3	4.49	2	9.77	2	7.77	3	8.75	6			8.90	7			9.77
Emily Chapman	3.68	11	3.38	7	5.22	5	4.59	11	4.38	5			5.50	5			5.50
Lily Marinos	6.60	5	3.68	6	8.16	4	6.53	7			8.87	1	7.53	6			8.87
Lucinda Williams	8.64	1	4.78	1	12.14	1	12.18	1	13.34	3			9.15	9	11.98	1	13.34
Madyson Beric	6.34	6	4.38	3			6.42	8			7.53	3					7.53
Sophia Cook	5.86	8			6.24	9	6.94	5									6.94
Lily Patrick	5.59	9	3.82	4	6.78	7	5.66	9	5.40	7			8.94	1	9.23	3	9.23
Sophie Pearce	6.61	4	3.10	8	6.96	6	4.30	12	6.35	4			7.90	2			7.90
Lauren Hughes					8.95	10	6.90	6					7.52	8			8.95

Turbo Javelin	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Chloe Anson-Smith	6.44	3	7.29	5	5.50	9	5.91	4	11.45	2	9.14	3	6.36	7	6.15	10	11.45
Darcey Redfern	6.10	5	7.34	4	6.50	7											7.34
Eleanor Quirey	5.13	10	6.00	6	7.90	2	5.34	5	9.56	4			8.90	2	9.59	2	9.59
Emillie Gyorgy	6.19	4	7.48	3	5.17	12	5.34	5	9.55	5	6.70	7	6.90	5	7.25	7	9.55
Emily Chapman	5.83	6	5.93	7	6.15	3	5.17	7			7.25	5	7.58	1	9.48	3	9.48
Lily Marinos	5.79	7			5.23	6	6.66	2	11.17	3			6.42	4	6.25	9	11.17
Lucinda Williams	8.53	1	11.20	1	9.10	10	7.71	1			10.80	1			11.17	1	11.20
Madyson Beric	5.78	8			8.36	1					8.35	4			8.42	5	8.42
Sophia Cook	4.74	11	5.09	10	4.66	5											5.09
Lily Patrick	5.59	9	5.91	8	5.81	4	6.21	3	11.54	1	5.73	8	6.23	3	7.33	6	11.54
Sophie Pearce	4.23	2	5.41	9	4.57	7	4.87	8			7.17	6	4.83	5	6.87	8	7.17
Lauren Hughes	8.44	12	8.23	2	6.30	11					10.19	2			8.82	4	10.19

Long Jump	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Chloe Anson-Smith			2.93	1	2.99	3	2.90	1	2.88	3	2.83	1	3.11	1	3.07	2	3.11
Darcey Redfern					2.40	11	2.45	7			2.43	2					2.45
Eleanor Quirey			2.49	4	2.50	4	2.36	8	2.47	2	2.22	4			2.50	6	2.50
Emillie Gyorgy			2.64	3	2.90	2	2.77	3	2.76	4					3.19	1	3.19
Emily Chapman			2.75	2	2.48	8	2.88	2	2.55	7			2.46	7	2.71	3	2.88
Lily Marinos			2.02	9	1.87	6	1.72	12			1.70	5	2.08	2	1.74	9	2.08
Lucinda Williams			2.22	7	2.61	1	2.10	10	2.30	6			2.51	4	2.40	7	2.61
Madyson Beric			2.47	6			2.61	4			2.41	3			2.66	4	2.66
Sophia Cook					2.59	9	2.13	9									2.59
Lily Patrick			2.49	4	2.39	5	2.56	6	2.55	1			2.25	6	2.61	5	2.61
Sophie Pearce			2.22	7	2.00	7	1.76	11	2.02	5			2.09	5	2.24	8	2.24
Lauren Hughes					2.47	10	2.57	5					2.59	3			2.59

High Jump	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Chloe Anson-Smith	0.90	2	0.95	2	0.88	9	0.89	1	0.93	2	0.95	3	0.97	1	0.92	5	0.97
Darcey Redfern	0.85	5	0.80	7	0.88	2											0.88
Eleanor Quirey	0.90	2	0.80	7	0.83	9	0.89	3			NH	8	0.80	3	0.92	5	0.92
Emillie Gyorgy	0.95	1	0.85	4	0.97	6	0.88	4	0.93	1	0.96	2	0.97	2	1.00	1	1.00
Emily Chapman	0.85	5	1.00	1	0.83	12	NH	5			0.90	6	no height	7	0.99	2	1.00
Lily Marinos	0.80	10			0.83	2	NH	5	NH	3			no height	4	NH	10	0.83
Lucinda Williams	0.90	2	0.90	3	0.83	9	NH	5			0.96	1			0.95	4	0.96
Madyson Beric	0.85	5			0.83	7					0.80	7			0.98	3	0.98
Sophia Cook	NH	11	0.85	6	0.88	2											0.88
Lily Patrick	0.85	5	0.85	4	0.88	2	0.89	2	NH	3	0.93	4	no height	6	0.88	9	0.93
Sophie Pearce	0.85	5	0.80	10	0.80	8	NH	5			NH	8	no height	5	0.88	8	0.88
Lauren Hughes	NH	11	0.80	7	0.88	1					0.93	5			0.92	7	0.93

10 Years Girls (2002)

Kotara South Athletics Club

2012/2013 Season

Track Events

	70 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Breeann Markwell	12.2	1	11.9	1	12.2	2	12.3	1	12.5	2	12.5	1	12.3	4	11.95	2		11.9
Ella Lamb	13.0	2	13.1	3									NA	2				13.0
Lily Martin							13.5	3	NA	1	13.3	3	NA	1	12.95	3		
Sarah Peisley			12.0	2	NA	1	12.5	2				12.7	2	NA	3	11.78	1	11.8

	100 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (sec)
Breeann Markwell	17.3	2	18.4	2	NA	1	17.2	1	16.9	2	17.4	1	17.2	2	17.0	2		16.9
Ella Lamb	18.2	4			NA	2	20.1	3	NA	1	18.6	3				18.7	4	18.2
Lily Martin	18.0	3							NA	4	18.1	2	NA	1	18.0	3		18.0
Sarah Peisley	17.0	1	17.8	1	NA	3	17.4	2	NA	3			NA	3	16.2	1		16.2

	200 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Breeann Markwell	36.0	1	37.4	1	35.7	2	38.0	1	NA	2	38.7	1	37.6	4	37.4	1		35.7
Ella Lamb	44.1	2	43.3	2									NA	2				43.3
Lily Martin							40.8	3	NA	1	39.5	2	NA	1	38.3	3		38.3
Sarah Peisley			39.4	3	NA	1	40.5	2			40.8	3	NA	3	38.8	2		38.8

	400 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m:s)
Breeann Markwell	01:28.3	1	01:32.4	1	NA	3	01:26.9	1	01:23.8	2	01:23.5	1	01:25.9	2	01:21.9	1		01:21.9
Ella Lamb	01:52.2	3			NA	2	01:37.9	2	NA	3	01:46.0	3						01:37.9
Lily Martin	01:31.4	2							NA	1	01:27.0	2	NA	3	01:24.0	2		01:24.0
Sarah Peisley	01:54.5	4	01:52.5	2	NA	1	02:06.7	3	NA	4			NA	1	01:55.0	4		01:52.5

	800 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m:s)
Breeann Markwell	03:23.4	1	03:18.0	1	03:18.9	1	03:24.0	1	03:39.8	2	03:19.0	1	03:19.0	2	03:17.0	1		03:17.0
Ella Lamb	04:31.6	2	04:23.0	2										NA	3			04:23.0
Lily Martin							03:33.6	2	NA	1	03:25.0	2	NA	1	03:20.1	2		03:20.1
Sarah Peisley			04:44.7	3	NA	2	04:26.2	3			04:29.0	3	NA	4				04:26.2

	1500 m	Wk 1	P	Wk 3	P	Wk 5	P	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m:s)
Breeann Markwell								06:48.7	1									06:48.7
Ella Lamb								06:56.7	2									06:56.7
Lily Martin										07:52.5	1							07:52.5
Sarah Peisley																		00:00.0

10 Years Girls (2002)

Kotara South Athletics Club

2012/2013 Season

Field Events

	Shot Put	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Breeann Markwell	3.81	2	3.90	3	3.55	1	4.50	3	4.74	1	3.75	3	4.00	1	4.28	3		4.74
Ella Lamb	4.95	1	4.95	2									5.55	3				5.55
Lily Martin							3.90	2	4.77	2	4.40	2	4.55	2	4.63	2		4.77
Sarah Peisley			5.05	1	3.61	2	4.70	1			4.80	1	4.95	4	4.98	1		5.05

	Discus	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Breeann Markwell	9.28	2	8.70	3	9.90	1	11.07	2	10.77	1	10.20	2	10.12	1	11.40	3		11.40
Ella Lamb	10.55	1	10.60	2									8.40	4				10.60
Lily Martin							11.92	3	11.20	2	10.00	3	11.45	2	13.10	2		13.10
Sarah Peisley			12.75	1	10.14	2	13.10	1			12.50	1	12.00	3	15.10	1		15.10

	Turbo Javelin	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Breeann Markwell								no distance										0.00
Ella Lamb								no distance										0.00
Lily Martin																		0.00
Sarah Peisley								no distance										0.00

	Long Jump	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Breeann Markwell	2.55	1	2.65	3	2.92	1	2.50	2	2.72	2	2.75	2	2.40	3	2.82	1		2.92
Ella Lamb	2.83	2	2.70	2									2.85	1				2.85
Lily Martin							2.36	3	2.69	1	2.70	3	2.25	2	2.66	3		2.70
Sarah Peisley			3.05	1	3.10	2	2.96	1			2.80	1	2.55	4	2.70	2		3.10

	High Jump	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Breeann Markwell	0.90	3	0.95	1	0.95	2	0.90	1	0.95	2	0.95	3	0.95	2	0.97	3		0.97
Ella Lamb	0.95	1			1.00	1	0.90	3	0.97	3	1.00	2						1.06
Lily Martin	0.95	1							1.02	1	1.08	1	1.07	1	1.04	2		1.08
Sarah Peisley	0.90	3	0.80	2	0.90	2	0.85	1					0.85	3	0.95	4		0.95

11/12 Years Girls (2001/2000)

Kotara South Athletics Club

2012/2013 Season

Track Events

100 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (sec)
Samantha Bowden* 12y	16.4	1	17.4	1	NA	1	17.0	1	16.0	1							16.0
Shelby McNaughton	21.6	3															21.6
Sophie Anson-Smith	18.8	2	19.1	1	NA	3	19.4	2	NA	2	17.6	2	NA	2	18.3	2	17.6
Erin Maloney	17.1	1			NA	2	17.6	1	NA	1	16.6	1	NA	1	16.7	1	16.6

200 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (sec)
Samantha Bowden* 12y	34.8	1	35.1	1			37.6	1			42.75	1					34.8
Shelby McNaughton	55.9	3															55.9
Sophie Anson-Smith	40.7	2	39.5	2	NA	?	41.0	2	39.9	1	42.8	2	NA	2			39.5
Erin Maloney	37.6	1	34.9	1	35.0	?	39.1	1			42.9	3	34.9	1	34.4	1	34.4

400 m	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m:s)
Samantha Bowden* 12y	01:28.0	1	01:30.0	1	NA	3	01:42.0	1	01:21.0	1							01:21.0
Shelby McNaughton	no time	3															
Sophie Anson-Smith	01:31.0	2	01:31.0	1	NA	2	01:34.2	2	NA	2	01:32.0	2	NA	2	01:25.0	2	01:25.0
Erin Maloney	01:30.0	1			NA	1	01:29.8	1	NA	1	01:26.4	1	NA	1	01:18.0	1	01:18.0

800 m	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m:s)
Samantha Bowden* 12y	03:14.0	1					03:39.3	1			03:27.0	1					03:14.0
Shelby McNaughton																	
Sophie Anson-Smith	03:25.0	2	03:17.8	2	NA	?	03:38.9	2	03:30.5	1	03:38.0	2	NA	2	03:21.1	2	03:17.8
Erin Maloney	03:21.0	1	03:14.0	1	03:15.4	?	03:35.8	1			03:17.0	1	03:08.7	1	03:13.4	1	03:08.7

1500 m	Wk 1	P	Wk 3	P	Wk 5	P	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m:s)
Samantha Bowden* 12y							07:19.5	1									07:19.5
Shelby McNaughton																	00:00.0
Sophie Anson-Smith			07:20.0	1	06:45.0	2	07:19.3	2	06:51.3	1	06:47.7	1	06:57.9	1	06:43.9	2	06:43.9
Erin Maloney					06:41.0	1	06:30.4	1							06:11.4	1	06:11.4

11/12 Years Girls (2001/2000)

Kotara South Athletics Club

2012/2013 Season

Field Events

Shot Put	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Samantha Bowden* 12y	5.96	1	5.76	1			6.77	1			6.62	1					6.77
Shelby McNaughton	5.26	2															5.26
Sophie Anson-Smith	4.23	3	4.52	2	4.65	1	4.48	2	5.07	1	5.60	3	5.07	2	5.28	2	5.60
Erin Maloney	5.72	1	5.92	1	5.87	2	5.84	1			6.20	2	7.09	1	6.45	1	7.09

Discus	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Samantha Bowden* 12y	9.96	1	11.36	1			11.09	1			9.80	2					11.36
Shelby McNaughton	5.26	3															5.26
Sophie Anson-Smith	8.83	2	9.12	2	8.82	2	9.13	3	10.11	1	9.59	3	10.24	1	10.97	2	10.97
Erin Maloney	10.00	1	10.88	1	11.69	1	10.18	2			12.52	1	10.25	2	13.29	1	13.29

Javelin	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Samantha Bowden* 12y	10.78	1	15.30	1	13.75	2			7.90	1							15.30
Shelby McNaughton																	0.00
Sophie Anson-Smith			7.30	2	13.40	1	7.43	2	7.31	2	8.20	2	6.43	2	7.40	2	13.40
Erin Maloney					7.10	3	14.18	1	12.01	1	10.52	1	9.53	1	7.92	1	14.18

Long Jump	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Samantha Bowden* 12y			3.24	1	3.26	2	3.42	1	3.36	1							3.42
Shelby McNaughton	2.15	3															2.15
Sophie Anson-Smith	2.62	2	2.74	2	2.58	3	2.50	2	2.83	2	2.85	2	3.02	1	2.88	2	3.02
Erin Maloney	3.24	1			3.33	1	3.17	1	3.12	1	3.30	1	3.36	2	3.36	1	3.36

Triple Jump	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Samantha Bowden* 12y	5.90	1	6.85	1			7.00	1			6.45	2					7.00
Shelby McNaughton	3.90	3															3.90
Sophie Anson-Smith	5.36	2	6.11	2	6.20	2	5.92	2	6.62	1	6.45	2	6.35	1			6.62
Erin Maloney	6.75	1	6.90	1	7.27	1	6.63	1			7.10	1	7.40	2	7.25	1	7.40

High Jump	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Samantha Bowden* 12y	0.98	1	1.05		1.08	2	1.00	1	1.17	1							1.17
Shelby McNaughton	0.95	1															0.95
Sophie Anson-Smith	No height	2	0.95		0.90	3	1.00	2	NH	2					0.90	2	1.00
Erin Maloney	No height	2			1.14	1	1.08	1	1.15	1	1.19	1	1.21	1	1.25	1	1.25

13 Years Girls (1999)

Kotara South Athletics Club

2012/2013 Season

Field Events

Shot Put	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Deanna Williams							6.47	2					6.90	1			6.90
Jasmin Quinn			6.71	2			6.25	3	5.55	3			5.90	3			6.71
Jasmine Ferguson			7.09	1	7.04	2			5.50	4			6.20	4	5.54	2	7.09
Ella Gore					7.81	1	7.45	1	7.02	1	6.73	1	7.50	2	6.84	1	7.81
Brianna Robards					6.55	3			5.46	2			6.51	5	5.01	3	6.55

Discus	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Deanna Williams	9.80	3	10.18	4	10.10	4	12.88	4			11.81	5			15.10	2	15.10
Jasmin Quinn	8.34	5	10.41	3	10.93	3	12.43	5	14.85	2	12.31	4			13.98	4	14.85
Jasmine Ferguson	12.34	2	12.79	2	12.63	1	13.44	2	15.09	3	15.97	1	13.36	1	13.33	5	15.97
Ella Gore	13.13	1	13.45	1			14.51	1	17.18	1	15.94	2			16.27	1	17.18
Brianna Robards	9.14	4			11.53	2	12.93	3			12.63	3	12.61	2	14.13	3	14.13

Javelin	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Deanna Williams	10.44	5					9.59	3					12.40	3			12.40
Jasmin Quinn	12.18	1	10.62	2			12.25	2	14.60	1			13.17	4			14.60
Jasmine Ferguson	12.10	2	11.65	1	12.2	3			10.90	4			14.88	1	10.55	3	14.88
Ella Gore	11.72	3			15.07	1	19.80	1	18.52	3	18.06	1	17.60	5	18.65	1	19.80
Brianna Robards	10.58	4			11.00	2			11.10	2			13.25	2	13.81	2	13.81

Long Jump	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Deanna Williams	2.35	5	2.88	3	2.90	2	2.77	4			2.66	4			2.57	5	2.90
Jasmin Quinn	3.59	2	3.90	1	3.90	2	3.21	3	3.48	1	3.43	1			3.41	2	3.90
Jasmine Ferguson	2.87	4	2.82	4	3.31	2	2.77	4	2.60	3	2.66	4	2.93	2	3.14	3	3.31
Ella Gore	4.05	1	3.78	2			4.00	1	3.45	2	3.18	2			3.88	1	4.05
Brianna Robards	3.19	3			3.58	1	3.34	2			3.06	3	3.35	1	3.14	3	3.58

Triple Jump	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Deanna Williams							6.28	3					5.68	3			6.28
Jasmin Quinn			7.17	1			7.60	2	7.67	2			7.43	1			7.67
Jasmine Ferguson			6.30	2	6.70	1			6.23	4			5.93	5	6.08	2	6.70
Ella Gore					6.20	2	7.84	1	7.50	3	7.13	1	7.15	4	7.36	1	7.84
Brianna Robards					6.00	3			6.40	1			6.00	2	no distance	3	6.40

High Jump	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Deanna Williams	1.00	4	NH	4	1.00	3	1.19	2			1.03	4			1.03	4	1.19
Jasmin Quinn	1.07	3	1.11	2	1.19	2			1.23	1	1.23	1			1.20	2	1.23
Jasmine Ferguson	1.17	2	1.18	1	1.17	4			1.15	2	1.15	3	1.19	2	1.20	2	1.20
Ella Gore	1.21	1	1.11	3			1.25	1			NH	5			NH	5	1.25
Brianna Robards	1.00	4			1.19	1	1.13	3			1.19	2	1.19	1	1.23	1	1.23

Field Events

Shot Put	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Alexi Kacev	4.60	2					4.55	2	3.85	2			4.42	2	4.53	2	4.60
Jemima Crane	4.89	1			4.82	1			4.87	1			5.11	1	5.33	1	5.33
Kimberly Besser					5.54	2	5.8	1	4.65	3							4.65
Naomi Wardle*16y	4.68	2	6.29	1			5.01	1					4.62	1			6.29
Sarah Fox-Smith*16y	4.72	1	6.26	2	4.59	1	4.55	2	4.48	1			4.35	2	7.35	1	7.35

Discus	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Alexi Kacev	9.40	2	9.19	1	9.03	1	9.97	2			10.36	1	8.52	2	10.03	2	10.36
Jemima Crane	11.17	1	8.43	2	10.36	2							10.59	1	11.13	1	11.17
Kimberly Besser					9.84	3	10.54	1	12.55	1							12.55
Naomi Wardle*16y					15.29	1	15.33	1			13.65	1			14.32	1	15.33
Sarah Fox-Smith*16y	10.60	1	11.16	1	12.16	2	12.91	2			10.63	2			11.54	2	12.91

Javelin	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Alexi Kacev	7.46	2					6.20	2	8.92	2			6.90	2	9.50	2	9.50
Jemima Crane	9.13	1			9.68	1			10.63	3			9.75	1	10.39	1	10.63
Kimberly Besser					9.52	2	13.6	1	13.55	1							9.52
Naomi Wardle*16y	10.37	2	9.74	1			8.80	2					8.65	1			10.37
Sarah Fox-Smith*16y	14.15	1	16.44	2	16.40	1	15.20	1	15.87	1			14.20	2	14.13	1	16.44

Long Jump	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Alexi Kacev	2.61	2	2.80	2	2.79	1	2.59	2			2.95	1	3.01	1	3.11	2	3.11
Jemima Crane	3.25	1	3.09	1	2.95	3							3.46	1	3.38	1	3.46
Kimberly Besser					3.08	2	2.68	1	3.22	1							2.68
Naomi Wardle*16y							3.22	2			3.31	1			3.02	1	3.31
Sarah Fox-Smith*16y	3.35	1	3.85	1	3.59	1	3.55	1			3.13	2			2.86	2	3.85

Triple Jump	Wk 1	P	Wk 3	P	Wk 5	HP	Wk 7	P	Wk 9	HP	Wk 11	P	Wk 13	HP	Wk 15	CC	Best (m)
Alexi Kacev	4.90	2					5.65	2	5.91	1			5.92	1	no distance	2	5.92
Jemima Crane	6.29	1			7.18	1			6.57	2			7.02	2	7.52	1	7.52
Kimberly Besser					6.92	2	6.82	1	6.00	3							6.00
Naomi Wardle*16y													6.73	2			6.73
Sarah Fox-Smith*16y	6.30	1	7.70	1	8.51	1	7.75	1	7.97	1			8.01	1	6.18	1	8.51

High Jump	Wk 2	P	Wk 4	P	Wk 6	HP	Wk 8	P	Wk 10	HP	Wk 12	P	Wk 14	HP	Wk 16	CC	Best (m)
Alexi Kacev	NH	2	NH	2	NH						NH	1	no height	2	NH	2	0.00
Jemima Crane	1.13	1	1.11	1	1.22								1.19	1	1.14	1	1.22
Kimberly Besser					1.14		1.16	1	1.23	1							1.23
Naomi Wardle*16y							1.16	1			1.25	1			1.20	1	1.25
Sarah Fox-Smith*16y			NH	1							NH	2					0.00

Distance Events
(Club family fun run/walk)

Kotara South Athletics Club
Girls and Boys Results

2012/2013 Season

Track Event - 1500m

1500 m	Wk 1	P	Wk 3	P	Wk 5	P	Wk 7	P	Wk 9	P	Wk 11	P	Wk 13	P	Wk 15	CC	Best (m:s)
W Tinson					06:09.0	1	06:03.5	1	06:05.3	1			05:54.6	1	05:59.4	1	05:54.6
K McMahon					06:17.0	2	06:09.5	2	06:46.0	2			06:30.5	2	06:28.1	3	06:09.5
E Maloney					06:41.0	3	06:30.4	3							06:11.4	2	06:11.4
E Barnett					06:50.0	5							06:31.7	3	06:30.7	4	06:30.7
S Anson-Smith			07:20.0	2	06:45.0	4	07:19.3	10	06:51.3	3	06:47.7	1	06:57.9	5	06:43.9	5	06:43.9
B Markwell							06:48.7	4									06:48.7
N Raymond											06:51.1	2	06:49.4	4	07:14.6	11	06:49.4
C Anson-Smith					07:54.0	10	07:01.7	6	06:53.2	4	07:50.2	6	07:05.0	7	06:50.6	6	06:50.6
M Godfrey									07:29.6	8					06:53.3	7	06:53.3
Z Tinson					07:07.0	6			07:07.9	5			07:03.9	6	06:55.4	8	06:55.4
W McClymont	07:41.0	4	07:36.4	4	07:59.0	11	07:14.2	8	07:29.5	7	07:10.9	4	07:30.2	9	06:55.8	9	06:55.8
E Lamb							06:56.7	5									06:56.7
T Moore															07:02.8	10	07:02.8
E Tweedale	07:21.0	2	07:03.0	1	07:15.0	8											07:03.0
B Pearce					07:19.0	9	07:03.7	7	07:08.7	6							07:03.7
O Raymond											07:10.3	3	07:46.3	11	08:13.1	22	07:10.3
A Graham	07:16.0	1			07:11.0	7											07:11.0
L Martin									07:52.5	10			07:13.1	8			07:13.1
E Gore							07:14.2	8									07:14.2
S Bowden							07:19.5	11									07:19.5
B Morrison			07:35.0	3											07:21.9	12	07:21.9
M Enderby					08:13.0	13			08:15.3	12	07:22.9	5					07:22.9
E Moore															07:25.7	13	07:25.7
S Pearce					10:20.0	17	07:25.7	12									07:25.7
J Robarbs	07:26.0	3															07:26.0
J Fuller									07:29.6	9							07:29.6
S McCarthy															07:33.1	14	07:33.1
J Crane															07:33.5	15	07:33.5
M Enderby															07:37.6	16	07:37.6
H Martin									08:06.2	11			07:40.8	10			07:40.8
J Henshall							08:58.9	13							07:41.9	17	07:41.9
J McClymont															07:44.2	18	07:44.2
E Gyorgy															07:44.9	19	07:44.9
A Anson-Smith					08:12.0	12			08:15.7	13	08:07.0	7	07:53.6	12	07:49.9	20	07:49.9
E Enderby					08:34.0	16			08:34.5	14					08:05.2	21	08:05.2
W Andrew													08:11.8	13			08:11.8
W Chapman													08:12.8	14			08:12.8
B Robards															08:14.6	23	08:14.6
E Gore															08:16.2	24	08:16.2
S Fox-Smith															08:25.7	25	08:25.7
A Kacev															08:25.9	26	08:25.9
D Redfern					08:29.0	14	No time	####									08:29.0
S Cook					08:31.0	15	No time	####									08:31.0
L Patrick							No time	####	09:10.8	15							09:10.8
E Quirey									09:12.9	16							09:12.9
C Jackson															09:32.2	27	09:32.2
K Jackson															09:32.3	28	09:32.3
L Hughes							No time	####									00:00.0

Distance Events
(Club family fun run/walk)

Kotara South Athletics Club

2012/2013 Season

Track Event - 3000m

3000 m	Wk 2	P	Wk 4	P	Wk 6	P	Wk 8	P	Wk 10	P	Wk 12	P	Wk 14	P	Wk 16	CC	Best (m:s)
W Tinson							12:46.0	1							12:34.9	1	12:34.9
K McMahon			14:25.0	1			12:50.0	2			15:27.0	1			14:06.1	2	12:50.0
E Maloney			14:41.0	2			14:03.0	3									14:03.0
E Barnett							14:19.0	4							14:26.9	3	14:19.0
Z Tinson							14:21.0	5							15:21.5	8	14:21.0
S Anson-Smith			16:15.0	3											14:35.8	4	14:35.8
Jemima Crane															14:38.7	5	14:38.7
B Pearce							14:42.0	6									14:42.0
M Godfrey															14:43.3	6	14:43.3
C Anson-Smith			DNF	5											15:01.2	7	15:01.2
W McClymont							16:30.0	7			15:30.0	2			16:11.4	10	15:30.0
L Martin															15:44.2	9	15:44.2
J McClymont															16:12.9	11	16:12.9
A Anson-Smith															16:14.9	12	16:14.9
S Fox-Smith			16:23.0	4											17:27.9	13	16:23.0
A Kacev															17:32.1	14	17:32.1
B Robards															18:30.2	15	18:30.2
E Gore															18:30.4	16	18:30.4
Jameson Crane															19:46.4	17	19:46.4
J Griffiths															19:55.8	18	19:55.8